



Spanish Rice (v)

Ingredients: COOKED ENRICHED PARBOILED RICE (long grain milled rice, ferric orthophosphate, niacin, thiamine mononitrate, folic acid), WATER, DICED TOMATOES IN JUICE, TOMATO PASTE, ONIONS, GREEN BELL PEPPERS, FIRE-ROASTED GREEN CHILES, SALT, SOYBEAN OIL, SUGAR, GARLIC, PAPRIKA, SPICES, CULTURED DEXTROSE ON MALTODEXTRIN, HOT SAUCE (aged cayenne red peppers, vinegar, salt, garlic), CHILI POWDER (chili pepper, salt, spices, garlic powder), CITRIC ACID.

Nutrition Facts	
Serving Size 1 cup (240g)	
Servings Per Container	
Amount Per Serving	
Calories 230	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	3%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 720mg	30%
Total Carbohydrate 48g	16%
Dietary Fiber 4g	15%
Sugars 12g	
Protein 6g	
Vitamin A 30%	• Vitamin C 50%
Calcium 8%	• Iron 45%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

(v) = Vegetarian product (ovo lacto compatible)

SERVING SIZE IS DETERMINED BY ESTABLISHED USDA AND FDA GUIDELINES.